

16.10.2025

THE RUNNER'S GUIDE

VORTEX RACE



FONDATION
MAISONS POUR ÉTUDIANTS
LAUSANNE

Unil.



Retraites
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VORTEX RACE

About

Dear participants,

First and foremost, thank you very much for registering! We are delighted to have you with us this year and look forward to seeing you all at this fifth edition.

All the essential information you need to ensure the race runs smoothly is contained in this runner's guide. Please read it carefully to make sure you are fully prepared for this adventure.

The Vortex Race organising committee wishes you a memorable and successful race!

Robin Favre,

President of the Vortex Racing Association



SUPPORTED ASSOCIATION



For this fifth edition, part of the profits generated by the Vortex Race will be used to support PluSport, the umbrella organisation for disabled sports in Switzerland.

For 65 years, PluSport has been promoting inclusion through sport and offers more than 50 disciplines within its affiliated clubs.

This year, this collaboration is reflected in the race through the concept "Never Walk Alone". Thanks to this project, runners with disabilities and their guides or companions can participate free of charge in numerous races in Switzerland, including the Vortex Race.



Behindertensport Schweiz
Sport Handicap Suisse
Sport Andicap Svizzera

PRACTICAL INFORMATION

VORTEX RACE CAMPUS

7KM

Start	Heat 1	18:00
	Heat 2	18:04

VORTEX RACE CLASSIQUE

3KM

Start	Solo	19:15
	Team	19:40
	Free	20:05

➤ Successive waves of 5 runners every 10 seconds.

Starting lists

Available in your runner's area (email)



ACCESS MAP

We strongly recommend that you use sustainable transport when coming to the Vortex. Ideally located, the Vortex is a 5-minute walk from the M1 Sorge underground station.

A large number of bicycle parking spaces are also available.

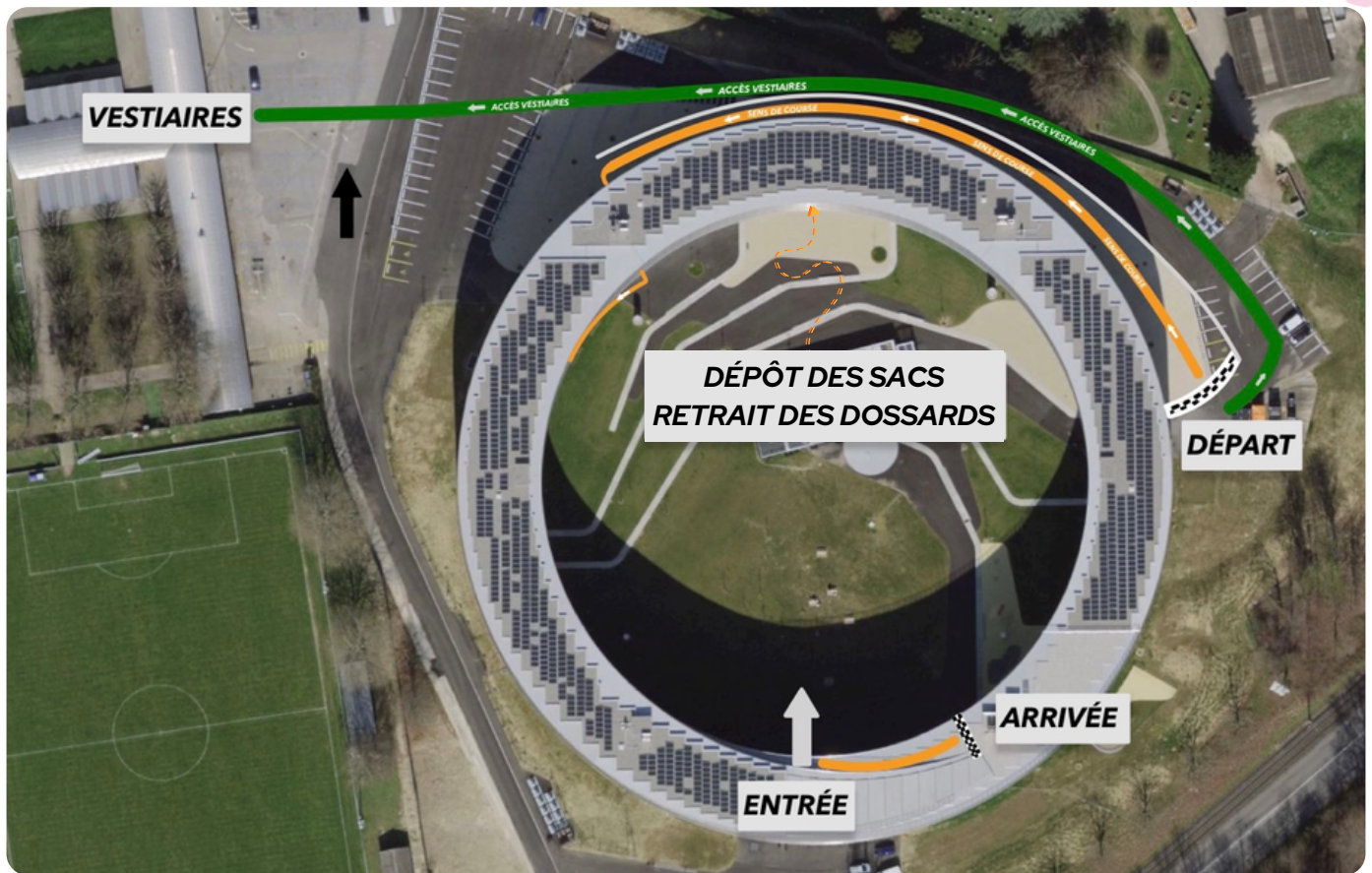
No car parking will be provided.



BIB WITHDRAWAL



From 15:00



& BAG DROP



From 15:00

The bag drop will be located in a tent set up exclusively for this purpose in the centre of the Vortex:

- We will give you a label on which you can write your race number, then you will place it in the tent.
- Reusable race numbers: Your bag can only be collected in exchange for the corresponding race number.
- Personalised race numbers: you must present your race number to collect your bag.
- Secure perimeter

We accept no responsibility for theft or loss.

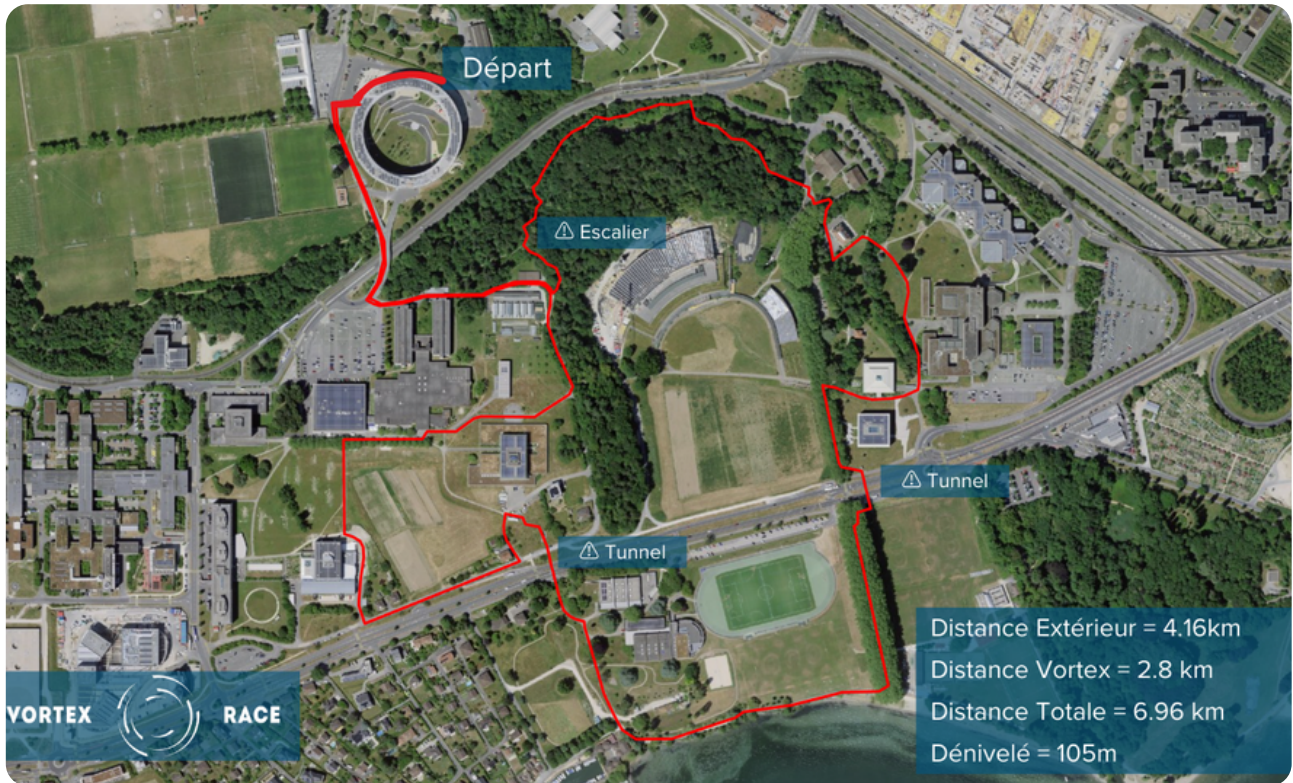
You will need your race number to collect your bag!



COURSE

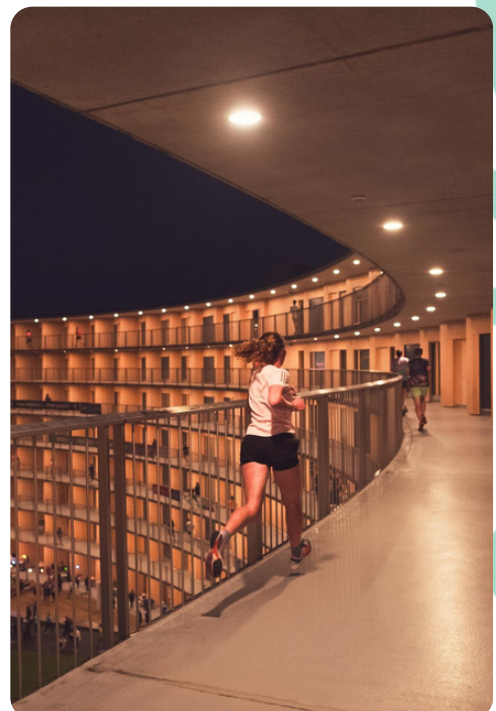
VORTEX RACE CAMPUS

7KM



ON THE RAMP

- I run on the inside of the bend, near the barrier.
- I overtake on the right.
- Headphones are not permitted.
- If I feel unwell, I stop and immediately move to the right. If possible, I speak to a volunteer.



TEAM RACE

Enjoy sharing the ride with your mates!

Help your team win by completing the course as quickly as possible.

The average time for each team will be used for the final ranking in this category.



First departure at 7:40 p.m.

You will start side by side, but there is no obligation to run the entire race together!

There is nothing to stop you from speeding up to improve your individual time, which will be taken into account for your team's average.

Start list

Available in your runner's area (email)

AFTER THE RACE

Once you reach the top of the Vortex, you can enjoy the view from the rooftop!

However, we ask that you clear the finish area to make room for the runners behind you. Without delay, please descend the stairs to collect your belongings and enjoy the post-race festivities in the Vortex courtyard.



AFTER THE RACE

RETURN OF RACE NUMBERS

If you have opted for the **reusable race number**, we ask that you return it to us at the end of the race in the tent provided for this purpose, located next to the bag drop (or in exchange for your bag directly).

You will be charged for any missing race numbers. Thank you for your understanding!



I am reusable,
DO NOT THROW ME AWAY



RUNNER'S CHART



We are counting on the respect and goodwill of the runners to ensure that the event runs smoothly!

We would therefore like to draw your attention to the following points:

- Smoking is prohibited inside the Vortex.
- Sort your rubbish and do not throw anything on the ground.

Bring warm clothing for after the race.



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If you have any questions,
please contact us at hello@vortexrace.ch.

We are looking forward to this new edition!

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